



# *Konnect*

Fight Fear  
WEEK 1

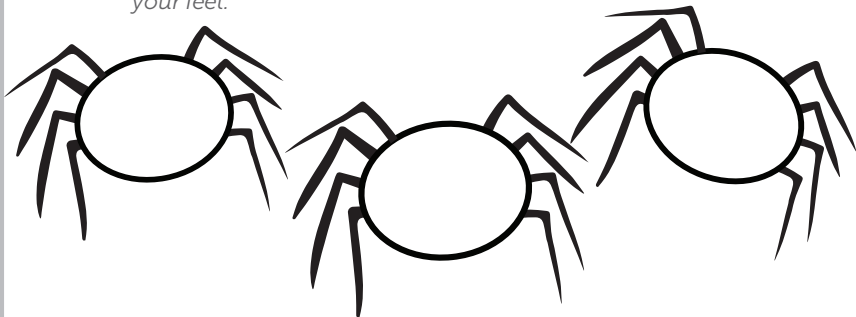
## Week 1: Worry

Worry is the fear that something bad will happen, even when everything's okay. Fight worry by trusting God. He cares about you, and He's in control.

10,000  
POINTS

### Complete this activity with your family!

Smash worries with God's truth! Ask each person in your family to write a worry on a spider. Say the point, and stomp on them with your feet.



5,000  
POINTS

### Say this week's point from memory!

I trust God instead of worrying.

10,000  
POINTS

### Say this week's verse from memory!

**1 Peter 5:7 NLT** Give all your worries and cares to God, for he cares about you.

10,000  
POINTS

### Complete this Bible Plan with your family!



**Kids Can Fight Fear**

[www.go2.lc/KonnectBiblePlans](http://www.go2.lc/KonnectBiblePlans)

Complete this Challenge Card with a parent and ask them to sign below. Bring it to the Konnect Window to get your points!

Name: \_\_\_\_\_ Keytag #: \_\_\_\_\_

Parent Signature: \_\_\_\_\_